



MURPHY MONTHLY

Official Citywide Employee Newsletter for the City of Murphy



EMPLOYEE SPOTLIGHT SHANNON LONG

Meet Shannon! She is our Telecommunications Supervisor for the Murphy Police and Fire Communications Center. This means she oversees all operations related to our 911 dispatch center, including daily staffing, training, quality assurance, and compliance with state and federal requirements. What she enjoys most is the people. Being able to mentor staff, help them grow, and ensure they have the tools and support they need to succeed, while knowing our work directly impacts public safety, makes this role incredibly meaningful to her.

When asked about her career highlight, she notes that "I've been fortunate to receive several awards over the years, including life-saving awards and employee of the year recognitions, but those aren't what stand out to me the most." What does stand out to her the most is the rebuilding of our Communications Center. A few years ago, they experienced a major staffing loss for a variety of reasons, and at one point we went from a ten-person unit to just two or three dedicated people keeping the center running.

Over the last few years, we've worked intentionally to recruit, train, and retain the team we have today. Watching the center grow, seeing the culture shift, and knowing the team feels supported and proud of where they work is what she is most proud of. Seeing how far we've come as a center means more to me than any individual award.

If she had to pick a different department to work in for a day, she chooses Parks & Rec. Parks and Recreation plays an important role in building community, and she appreciates the way their programs give families a safe, supportive place to learn, grow, and connect.

When it comes to Murphy's C.O.O.L. core values, Shannon resonates most with Respectful. In the work we do, especially in public safety, how we treat people matters just as much as what we do for them. Respect sets the tone for everything else, whether it's how we speak to a caller in crisis or how we work through challenges as a team. When people feel heard and valued, trust follows, and that's important both within the organization and in how we serve the community.

FREE CARDIOVASCULAR SCREENINGS - 2/25



HR is bringing back **FREE onsite cardiovascular screenings** directly to you, making it easy to prioritize your health without disrupting your day.

Click [HERE](#) to schedule your screening today!

- **Location:** City Council Chambers Exec. Conference Room
- **Appointment time:** 20 minutes
- No fasting required
- Non-invasive
- Recommended for women who are pregnant or on birth control, and those who have diabetes, high blood pressure, cholesterol, or have a family history of heart disease or stroke

WELLNESS TIP OF THE MONTH



You rely on your knees for every step, squat, and climb - but when knee pain flares up, it can quickly sideline you from the activities you enjoy. The good news is that there are proven ways to manage knee pain and keep you moving comfortably.

Join Airrosti for a **FREE** webinar on knee pain management!

Webinar dates:

- 2/12 - 3pm
- 2/24 - 12pm



Here!

CHILI COOK-OFF

2.26.2026 **BRING THE HEAT!** 12-1PM

City Hall Community Room

WEAR RED FOR
AMERICAN
HEART MONTH!

Hot Prizes for the best chili!

SIGN UP TO ENTER
YOUR CHILI OR
VOLUNTEER TO
BRING A SIDE
[HERE](#)



JANUARY NEW HIRES

Welcome to the Murphy team!



Chris Cox
Telecommunications
Officer
PD

Meet Chris! Before coming to Murphy, Chris worked at Mesquite PD as a patrol officer. In his free time, he enjoys disc golfing, mountain biking, or watching Star Wars. On his bucket list is to travel the world, and he is most proud of his family: a wife and two children.

UPCOMING EVENTS

**“We Heart our Team”
Appreciation Social**
February 13

President’s Day Holiday
Offices Closed
February 16

February Wellness Wednesday
February 25

Chili Cook-Off Competition
February 26
WEAR RED DAY!

Employee of the Quarter
Submissions Open
1st Week of March

Employee Appreciation Day
March 6

March Wellness Wednesday
March 24 (Tuesday)
FREE Dental Exams

Wellness Fair
April 29

Employee Field Day
May 8

FREE DENTAL EXAMS - 3/24



We are excited to be partnering for the very first time with jetdental to bring FREE dental cleanings, exams, and teeth whitening onsite.

Click [HERE](#) to schedule your appointment!

- **Location:** Activity Center - Great Hall
- **Who:** ALL employees and dependents
- **Cost:** FREE if you are on the City’s insurance plan (bring your insurance card)
 - Or, self-pay = \$250

WORKIVERSARIES



- Jonathan Lopez** - 1 Yr of Service
- Aretha Adams** - 2 Yrs of Service
- Jared Mayfield** - 9 Yrs of Service
- Kayla McFarland** - 14 Yrs of Service
- Perry Elliot** - 15 Yrs of Service

Thank you for your continued service to making Murphy the incredible place it is!

BIRTHDAYS



- 2/1 - Angela Hughes
- 2/1 - Dustin Huddleston
- 2/10 - Mark Gann
- 2/11 - Kim Gann
- 2/12 - Berna Fitzpatrick-Walker
- 2/14 - Dave Alkins
- 2/18 - Matt Foster

January Wellness Wednesday

This month's Wellness Wednesday was all about taking charge of our health; one quick screening at a time! We highlighted the power of preventive care and partnered with our friends at Prosalutem to bring on-site biometric screenings and vitamin shots right to our team.

Participants received instant results for:

- ❤️ Blood Pressure
- 🩸 Cholesterol
- 🍷 Diabetes (Glucose)
- ⚖️ BMI

Even better, everyone had the chance to sit down for a personal consultation to learn what their numbers mean and get practical tips on how to improve them. A little knowledge goes a long way; and in this case, it may even add years to your life!

Quarterly New Hire Orientation

HR had the pleasure of welcoming 16 new team members who have joined the Murphy Team since August 2025. They enjoyed insightful presentations from our City Manager's Office as well as each of our department heads, team-building activities, and a behind-the-scenes tour of all City facilities.

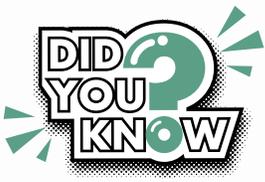


RECOGNITION WALL

Recognition for Michael Pruitt From: Daniel Paredez

I would like to recognize Michael, one of our Maintenance Worker I's, for obtaining his Class D Water License, not to mention passing the exam on his first try! The Class D TCEQ License qualifies individuals to operate, maintain, or manage basic groundwater or purchased water systems. Thank you, Michael, for your commitment to expanding your skillset to benefit all Murphy residents and for all your hard work!





HRA Reimbursement

If you reached your deductible for the 2025 plan year (Jan-Dec 2025), you're officially eligible to request your HRA reimbursement. But don't let the clock run out! All requests for 2025 expenses must be submitted by **February 27!**

What's the HRA Again?

Your City-funded Health Reimbursement Arrangement (HRA) helps cover in-network deductible expenses. The amount reimbursed depends on your medical plan type.

How to Claim Your Reimbursement

1. Check if you've met your in-network deductible in your Cigna account.
2. Download your Explanation of Benefits (EOB) from your Cigna account.
3. Log into your account at www.surency.com and submit your reimbursement request.
4. Receive your reimbursement through direct deposit.

Important Things to Remember

-  Deadline: February 27, 2026
-  Claims aren't automatic - you must submit a request
-  Only in-network deductible expenses qualify
-  Deductibles reset every January 1

Have Questions?

- Contact HUB at 877-838-4779 or email them at advocates@hubinternational.com
- Or, contact Anisha Sabu in HR.

COUNCIL ROUNDUP

A RECAP FROM THE JANUARY MEETINGS



Consent & Regular Agenda Items

- **Ordinance Approved:** creating a Municipal Court of Record
- **Resolution Approved:** reappointing Presiding Judge Cass Callaway, Associate Judge Ashley McSwain for magistration duties, and Associate Municipal Judge Dana Huffman
- **Site Plan Approved:** adding a covered patio to Arwa Yemeni Coffee
- **Site Plan Denied:** amending the currently approved site plan for Townhomes at 1000-1010 N. Murphy Rd.
- **Resolution Approved:** easement agreement with North Teas Municipal Water District (NTMWD) to relocate a portion of a 14" portable water main to resolve a construction conflict with the FM544 Pedestrian Bridge Project
- **Ordinance Approved:** calling a special election on May 2, 2026 for the purpose of reauthorizing the sales tax allocation for the Street & Maintenance Repair Fund
- **Resolution Approved:** authorizing the City Manager to execute a General Services Agreement for engineering services for design work associated with the rehabilitation of approximately 3,800 linear feet of sanitary sewer line
- **Economic Development Incentive Agreement Approved:** agreement between the City of Murphy and Convivium Investments LLC for the purchase of land
- **Ordinance Approved:** establishing Fair Housing Standards