



MURPHY MONTHLY

Official Citywide Employee Newsletter for the City of Murphy



EMPLOYEE SPOTLIGHT
CYNTHIA FOLK

As the School Resource Officer for McMillen High School, Cynthia enjoys getting to know new students, mentoring them on a day-to-day basis and creating stronger relationships with past students.

Some of her career highlights include being an officer for over 14 years and having a Master Peace Officer License. She possesses three certifications: School Based Law Enforcement Officer, a Mental Health Peace Officer, and a Field Training Officer.

If she had to pick a different area of the City to work in for a day, she would pick Parks & Rec, as she loves the outdoors and enjoys setting up events both for the community and City employees.

Two pieces of advice that have stuck with her? "Attitude is a choice." and, "Control what you can control."

One fun fact about Cynthia is that she loves antiquing and learning the backstories of items. Also, people often tell her her accent sounds weird - but she gets it from being from New York!

As for the Murphy Core Values, she resonates most with professionalism. She remarks that "professionalism is crucial for officers because it builds public trust, enhances officer safety, and ensures ethical conduct."

WELLNESS WEDNESDAY - 9/24

Vitamin Shots - 8:00AM - 9:00AM
📍 Conference Room 116

Wellness Walk - 9:00AM - 9:30AM
📍 City Hall

Lunch & Learn - 12:00PM - 1:00PM
Health at your Desk

- 📍 City Hall Community Room
- **Please note** that Lunch & Learns count as PAID work time; they are NOT your 1-hr unpaid lunch break.

MUST RSVP IN ADVANCE

VITAMIN CLINIC: BOOST YOUR IMMUNITY THIS FALL!

Our monthly Vitamin Shot Clinic is back to help you feel your best with:

- **B12 Shots** – Boost energy and focus
- **Vitamin D Shots** – Support strong bones and immunity
- **Lipotropic Shots** – Aid metabolism and fat-burning
- **Tetanus Shots** – Protect against tetanus, a serious infection from cuts or scrapes
- **Flu Shots** – With flu season around the corner, stay protected! Employees covered under the City insurance plan receive their flu shot at NO COST.

Vitamin and tetanus shots are payable with your HSA card.

AUGUST NEW HIRES

Welcome to the Murphy team!



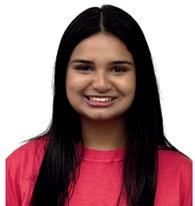
Eugene Suk
Officer
PD

Before coming to Murphy, Eugene worked as a Police Officer for Cedar Hill and is also a veteran of the US Marine Corps, where he was a Scout Sniper. In his free time, he enjoys USPSA and PCSL practical shooting sports, and his favorite food is steak.



Terra Lanahan
Officer
Animal Control

Terra is a re-hire that has returned to the City's ACO department. Outside of work, she loves blinging out bandanas and koozies and going for rides with her husband on their Harley. She is most proud of and motivated by her family.



Ashlee Segura
Recreation Specialist
Parks & Rec

Before Murphy, Ashlee worked as a Recreation Aide with the City of Garland. In her free time, she likes painting, volunteering for food drives, and one day, she hopes to try skydiving. She is most motivated by her spiritual faith and past accomplishments in life.



Veruca Cornett
Special Events Assistant
Parks & Rec

Before Murphy, Veruca worked as an Events Assistant for Salt Lake City. In her free time, she paints, goes fishing, and runs; in April, she completed her first full marathon. She is motivated by the people she is surrounded by - whether family or her coworkers - and is most proud of knowing she has made her father proud.



Quinten Jenkins
Officer
Police

Before coming to Murphy, Quinten worked at BS&W Health and is a veteran of the Navy and Army. Outside of work, he enjoys table top games, martial arts, and metal working. On his bucket list is traveling to Iceland and Fore Islands, and he is most proud of his family.

JOB OPENINGS



- School Crossing Guard
- PT Customer Service Specialist

WORKIVERSARIES



- Connor LeBaron** - 1 Yr of Service
- Dustin Huddleston** - 1 Yr of Service
- James "Hawk" Hawkins** - 2 Yrs of Service
- Paulette Overman** - 2 Yrs of Service
- David Alkins** - 3 Yrs of Service
- Colin McDonald** - 3 Yrs of Service
- Collin Miller** - 4 Yrs of Service
- Mark Gann** - 4 Yrs of Service
- Devin Welty** - 5 Yrs of Service
- Jacob Shenk** - 9 Yrs of Service
- Cody Clark** - 11 Yrs of Service
- Roberta Reyes** - 14 Yrs of Service
- Teresa Thompson** - 19 Yrs of Service

Thank you for your continued service to making Murphy the incredible place it is!

BIRTHDAYS



- Aaron McCarty - 9/5
- Brandon Myers - 9/6
- Kandi Jackson - 9/9
- Cynthia Folk - 9/12
- Tammy Doran - 9/16
- Graydon Strickland - 9/17
- Tracie Riebschlager - 9/19
- Clifford Sales - 9/24
- Dawnelle Collings - 9/24
- Ashlee Segura - 9/26
- Devin Welty - 9/26
- Jacy Mitchell - 9/29
- Charles Richardson - 9/30



Angel Jaimez-Hernandez
Maintenance Tech
Parks

Before Murphy, Angel was a personal landscape contractor. His hidden talents include singing and playing different instruments, and in his free time he enjoys working out. He is motivated by setting up a good future with his fiancée, and is most proud of his parent's achievements despite them starting with nothing.



Bradley Kofahl
Maintenance Worker I
PW

Bradley is a re-hire that has returned to our Public Works Department after some time working in HVAC. He enjoys playing table-top roleplay games, and on his bucket list is travelling to Europe. He jokes that he is motivated to be a hard worker since, although he may work on the streets, he certainly does not want to live on them.



Priscila Chacon
Rec Aide
Parks & Rec

Priscila came to Murphy from the YMCA Collin County Adventure Camp as a Camp instructor, and in her free time, she loves hiking, camping, fishing, spending time with her friends, and one of her hobbies is collecting DVD's. She is motivated by new experiences, and hopes to visit the Teton mountains one day.



Donald Reese
Public Works Director
PW

Before Murphy, Donald was a Public Works/Utility consultant living in Brenham, TX. His hidden talent is word working, and, in his free time, he enjoys hunting, fishing, and traveling, with hopes of travelling to the Grand Canyon and Redwood Forest. He is most proud of seeing his two sons graduate high school and be accepted to college.



Carolina Ingram
Rec Aide
Parks & Rec

Carolina has found her first-ever job with the City, and is currently a student at UTD pursuing a degree in animation. Her favorite past-times include crocheting, art, and watching Friends. On her bucket list is a trip to Mount Rainier in Washington, and she is most motivated by her desire to succeed.

Leadership Academy Session 3

September 11, 2025

Moonlight Movies: Minecraft Movie

September 19, 2025

Employee Town Hall

October 1, 2025

Murphy Maize Days

October 4, 2025

STAFF SUPPORT NEEDED!

Front Box Office, South Entrance, Council Lounge, and more! Contact Ashley Hudson for more details

- Those that volunteer to work this event will be entered into a drawing for a \$50 cash prize
- Exempt employees will earn PTO that equals the amount of hours worked.

Leadership Academy Session 4

October 9, 2025

Fall Clean & Green

October 11, 2025

Fire Open House

October 11, 2025

Skele-bration

October 24, 2025

MARK YOUR CALENDARS FOR:

EMPLOYEE TOWN HALL



WITH
SPECIAL GUEST
SPEAKER

October 1, 2025
8:00am - 9:50am
Council Chambers

Attendance is mandatory
Breakfast & fun provided

Quarterly NEO

We welcomed seven new hires at our quarterly orientation! The group heard presentations from each department head, toured City facilities, and even enjoyed a raffle. It was a great way to introduce our newest team members to the City of Murphy family.

New Hire & Birthday Social

We had a blast celebrating our new hires and quarterly birthdays with some cake and ice cream! A big congrats goes to Russell Veasy for winning our New Hire Matching Quiz with a score of 55/70 (and a \$5 Swig Gift Card), and to birthday raffle winners Aretha, Ashley, and Jacob who also snagged \$5 Swig Gift Cards.

Cool-Down Fridays

August was hot, but our employees stayed cool (*pun intended*) with Kona Ice and Frios Popsicles! We hosted three Cool Off Fridays with free shaved ice and popsicles for all employees to enjoy. We're looking forward to bringing it back next year with some different options!

Wellness Wednesday

August's Wellness Wednesday was all about mental health and self-care! A big thanks goes out to those who joined an engaging Mental Health Awareness Breakfast & Learn hosted by EAP, participated in a wellness walk, and visited our monthly vitamin shot clinic—which will return this month in September (see more details on pg 1).



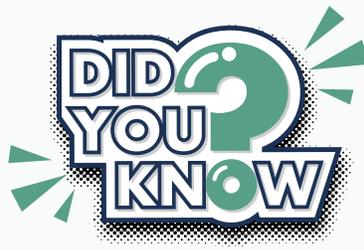
CAUSE FOR APPLAUSE RECOGNITION

From: Captain Brent Ulch

Jazmin “Jaz” Walker has consistently demonstrated himself to be a dedicated and exemplary employee. He continually strives to enhance his skills in order to better serve the citizens of Murphy. Over the past six months, Jazmin has achieved seven distinct professional certifications essential to his role as a firefighter—an accomplishment that underscores his commitment to professional development. These certifications include Fire Instructor I and II, Fire Officer I and II, Decision Making for Initial Company Operations, Strategy and Tactics for Initial Company Operations, and Advanced Fire Suppression Techniques.

I am proud to have Jazmin as a member of my shift and deeply appreciative of his dedication to excellence and continual self-improvement.





Your MyCigna Account Benefits

Now that we have officially switched to Cigna as of 9/1 for our medical, vision, and dental care, have you activated your myCigna® account yet and downloaded the myCigna app?

Your personal website is the smart and easy way to get the most value from your health plan. Here are a few of the things you can do:

- **Search for in-network providers.** Need a specialist close to home or urgent care when you're away? You'll always get the lowest costs and greatest value by staying in-network.
- **Estimate costs.** Want to see how much a procedure will cost or compare costs at different labs or hospitals? Save money by getting estimates and comparing costs first.
- **Get information instantly.** View claim status and reimbursement, quickly find your ID card info or print a new card, and refill prescriptions.
- **Manage your spending account.** Review your account balances, contributions and withdrawals all in one place.
- **Earn rewards.** Participate in programs like Take Control Rewards to complete simple, healthy activities and earn points that can be redeemed for gift cards and merchandise.

Click [here](#) to register TODAY!

A green banner with a white box at the bottom. The banner features the text "myCigna: Your Secure Member Portal" and a decorative pattern of green leaves on the right side. The white box contains a form with the text "Are you a member?", "Activate your myCigna account for access to all plan details and live, 24/7 support.", and a blue button labeled "Activate your account now" next to the text "Why activate your account?".

myCigna: Your Secure Member Portal

Our web and mobile apps provide 24/7/365 live support and access to all details of your plan.

Are you a member? Activate your myCigna account for access to all plan details and live, 24/7 support.

[Activate your account now](#) Why activate your account?

COUNCIL ROUNDUP

A RECAP FROM THE AUGUST MEETINGS



Consent & Regular Agenda Items

- **Ordinance approved:** Special permit approving fireworks display to conclude Murphy Maize Days on October 4, 2025
- **Resolution approved:** Adopting the FY26 Proposed Tax Rate of \$.357514
- **Resolution approved:** Public hearing for a SUP - Amusement Arcade in the Timber Ridge Center
- **Resolution approved:** Allowing the City Manager to execute a contract with Turf Solutions for the FY25 Mowing Contract
- **Motion approved:** Appoint Council Members Laura Deel, Andrew Chase, and Scott Smith to the Boards and Commissions Interview Committee to conduct interviews with applicants for the 15 open Boards and Commissions volunteer positions

WELLNESS TIP OF THE MONTH

September is National Preparedness Month

Preparedness isn't just about stocking up on supplies; it's about knowing what to do, where to go and how to stay safe. Consider these steps to help you and your household stay prepared:

- **Know your risks.** Understand the types of disasters most likely to affect your area. In North Texas, severe thunderstorms, ice storms, wildfires, and tornadoes are most common.
- **Create a communication plan.** Make sure every member of your household knows how to reach each other during an emergency. Choose an out-of-town contact person and establish meeting points in case you're separated.
- **Assemble an emergency kit.** Your kit should include nonperishable food and water, flashlights and extra batteries, basic first-aid supplies, medications and personal hygiene items, important documents in a waterproof container, and a battery-powered radio.